

Trust Headquarters  
Russells Hall Hospital  
Dudley  
West Midlands  
DY1 2HQ

### **FREEDOM OF INFORMATION ACT 2000 - Ref: FOI/011016**

With reference to your FOI request that was received on 21/11/2011 in connection with 'Information on behalf of Energy Fitness Professionals'.

Your request for information has now been considered and the information requested is enclosed.

Further information about your rights is also available from the Information Commissioner at:

**Information Commissioner**

Wycliffe House  
Water Lane  
Wilmslow  
Cheshire SK9 5AF  
Tel: 0303 123 1113  
Fax: 01625 524510  
[www.ico.gov.uk](http://www.ico.gov.uk)

Yours sincerely

Information Governance Manager  
Room 34a, First Floor, Esk House, Russells Hall Hospital, Dudley, DY1 2HQ  
Email: [FOI@dgh.nhs.uk](mailto:FOI@dgh.nhs.uk)

Response as follows:

1) How many employees are located in the building of the address listed above (RHH only)

2) Is there an on site Fitness Centre at your site for employees to have the use of

Yes there is a Fitness Centre at Russells Hall Hospital

a) If so, how many members does the fitness Centre have.

The centre has a membership of approximately 1000, 200 of which are staff.

b) Is the fitness centre internally or externally managed?

The centre is Managed by Action Heart, which also provides the cardiac rehabilitation service for the population of Dudley.

c) Is the fitness centre funded/subsidised?

If so, what is the annual cost to the company?

Staff receive a discounted membership at no cost to the Trust

d) Is there a membership fee for members?

Hospital staff receive a discounted membership which is at no cost to the Trust.

If so how much is this?

Membership for staff is £15 per month or £2 per session.

e) Is the fitness centre externally managed?

No the fitness centre is not externally managed

If so, which company currently holds the contract for this?

Not applicable

Who in the building is in charge of this contract, and what are their contact details?

Not applicable

When is the contract due to expire?

Not applicable

f) Is the fitness centre internally managed?

Yes, the fitness centre is internally managed.

If so, who in the building is in charge of this? and what are their contact details.

Mr Russell Tipson, Director, Action Heart, 5 Baird House, The Innovation Centre, Pensnett Estate, Dudley, DY6 7YA.