

Trust Headquarters
Russells Hall Hospital
Dudley
West Midlands
DY1 2HQ

Date: 15/11/2012

FREEDOM OF INFORMATION ACT 2000 - Ref: FOI/011260

With reference to your FOI request that was received on 11/10/2012 in connection with 'Range of food and drink available in Trust vending machines'.

Your request for information has now been considered and the information requested is enclosed.

Further information about your rights is also available from the Information Commissioner at:

Information Commissioner

Wycliffe House
Water Lane
Wilmslow
Cheshire SK9 5AF
Tel: 0303 123 1113
Fax: 01625 524510
www.ico.gov.uk

Yours sincerely

Information Governance Manager
Room 34a, First Floor, Esk House, Russells Hall Hospital, Dudley, DY1 2HQ
Email: FOI@dgh.nhs.uk

1. Does the hospital trust have a policy relating to the foods and drinks provided by vending machines within your premises?

No, the Trust does not currently have a policy relating to the foods and drinks provided by vending machines within its premises.

The Trust is contracted with Summit Healthcare (Dudley) Limited to provide the FM services in partnership with its FM Service Provider, which includes Catering. The PFI contract does not include provisions for the Trust to determine what items are placed in vending machines.

2. If you answered 'yes' to the previous question, is the policy fully implemented?

Not applicable

3. Do your vending machines contain water, unsweetened fruit juice and/or low fat milk?

Yes

4. Are the soft drinks in your vending machines 'sugar free' (less than 0.5g of sugar per 100ml)?

Sugar free options are available

5. Is at least 30 per cent of the product range in each vending machine 'healthier choice' (see definitions at bottom of this survey)?

No

6. Is there at least one 'healthier choice' product available for each type of product, i.e. crisps and confectionery?

No

7. Are 'healthier choice' products prominently positioned, i.e. at eye level?

No

8. Are 'healthier choice' products competitively priced (not more than 10 per cent more expensive than the standard alternative)?

Yes

9. In refrigerated vending machines, are at least 70 per cent of products 'healthier choice'?

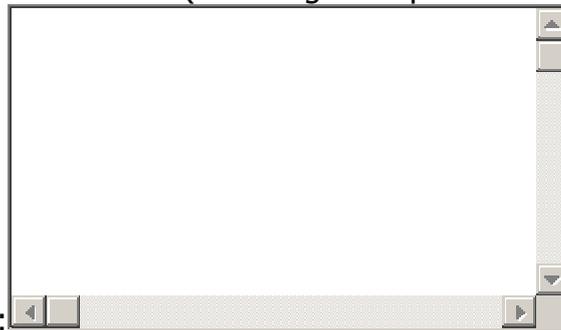
No

Hospital vending machines

1. Does the hospital trust have a policy relating to the foods and drinks provided by vending machines within your premises?

- Does the hospital trust have a policy relating to the foods and drinks provided by vending machines within your premises? Yes
- Under development
- No

Please add any further comments (including an explanation if you are unable to

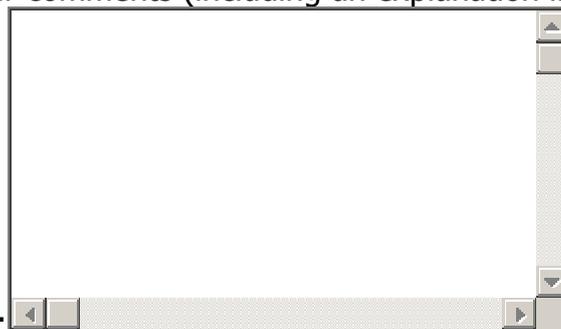


answer the question):

2. If you answered 'yes' to the previous question, is the policy fully implemented?

- If you answered 'yes' to the previous question, is the policy fully implemented? Yes
- No

Please add any further comments (including an explanation if you are unable to



answer the question):

3. Do your vending machines contain water, unsweetened fruit juice and/or low fat milk?

- Do your vending machines contain water, unsweetened fruit juice and/or low fat milk? Yes (at least one of the above)
- No

Please add any further comments (including an explanation if you are unable to

answer the question):

4. Are the soft drinks in your vending machines 'sugar free' (less than 0.5g of sugar per 100ml)?

- Are the soft drinks in your vending machines 'sugar free' (less than 0.5g of sugar per 100ml)? Yes
- No

Please add any further comments (including an explanation if you are unable to

answer the question):

5. Is at least 30 per cent of the product range in each vending machine 'healthier choice' (see definitions at bottom of this survey)?

- Is at least 30 per cent of the product range in each vending machine 'healthier choice' (see definitions at bottom of this survey)? Yes
- No

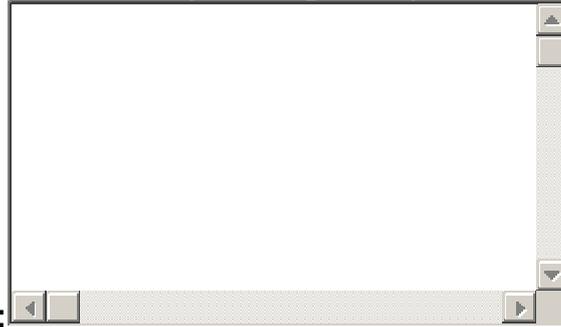
Please add any further comments (including an explanation if you are unable to

answer the question):

6. Is there at least one 'healthier choice' product available for each type of product, i.e. crisps and confectionery?

- Is there at least one 'healthier choice' product available for each type of product, i.e. crisps and confectionery? Yes
- No

Please add any further comments (including an explanation if you are unable to

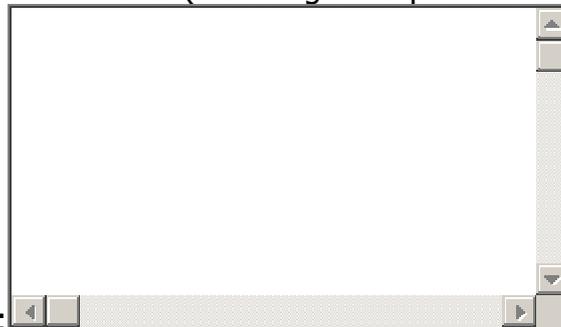


answer the question):

7. Are 'healthier choice' products prominently positioned, i.e. at eye level?

- Are 'healthier choice' products prominently positioned, i.e. at eye level? Yes
- No

Please add any further comments (including an explanation if you are unable to

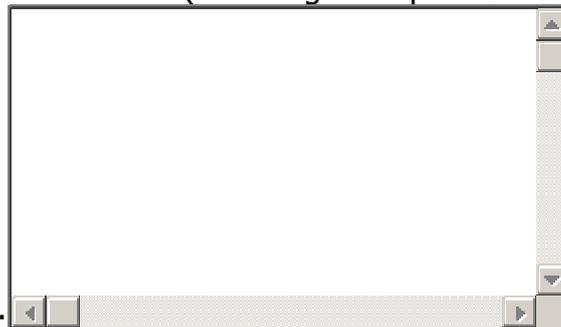


answer the question):

8. Are 'healthier choice' products competitively priced (not more than 10 per cent more expensive than the standard alternative)?

- Are 'healthier choice' products competitively priced (not more than 10 per cent more expensive than the standard alternative)? Yes
- No

Please add any further comments (including an explanation if you are unable to



answer the question):

9. In refrigerated vending machines, are at least 70 per cent of products 'healthier choice'?

- In refrigerated vending machines, are at least 70 per cent of products 'healthier choice'? Yes
- No

Please add any further comments (including an explanation if you are unable to

answer the question):
'Healthier choice':



To determine whether a product may be regarded as a 'healthier choice' you should look at the nutrition box on the product label or request the product specification from your supplier.

There are two specifications for 'healthier choice' items – for products served in portions below 100g (e.g. a small packet of crisps) and for products served in portions above 100g (e.g. a ready meal). There are also specifications for single-portion yoghurts. To be considered a 'healthier choice', the food or drink must contain less than the following limits:

Below 100g

Fat: 20g per 100g or 10g per 100ml

Saturated fat: 5g per 100g or 2.5g per 100ml

Added sugar: 12.5g per 100g or 6.3g per 100ml

Salt: 1.5g per 100g or 1.5g per 100ml

Sodium: 0.5g per 100g or 0.5g per 100ml

Above 100g

Fat: 21g per portion

Saturated fat: 6g pp

Sugar: 15g pp

Salt: 2.4g pp

Sodium: 1g pp

Yoghurts

Fat: 3g per 100g

Sugars (<100g portion): 16g per 100g

Sugars (>100g portion): 18.8g per portion

These specifications are taken from the Scottish Government's Directorate of Chief Medical Officer, Public Health and Sport CEL 01 (2012)

Done

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