

# Results and advice following Bowel Scope Screening

## GI Unit

Patient Information Leaflet

# Bowel scope screening result

Your Endoscopist was:

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Your Specialist Screening  
Practitioner was:

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Biopsies (tissues samples) have  
been taken:

Yes

No

Polyps been removed:

Yes

No

If you have had polyps removed or tissue samples taken you will be contacted within a week in order to arrange an appointment to discuss your results with one of the Specialist Screening Practitioners. If you have not received your results within 10 days contact the Specialist Screening Practitioners on 01902 695193.

## Aftercare

### When can I eat and drink?

You can eat and drink straight after your procedure. You may prefer something light to eat for the remainder of the day. You can resume you normal diet tomorrow.

### What should I expect after having Entonox (Gas & Air)?

Entonox passes out of your system within five to ten minutes. You may feel a little dizzy but will recover quickly.

If you have driven to the appointment, you are able to drive home so long as:

- You have not had further sedation for your procedure (in this case you will need someone else to take you home).
- The nursing staff has judged that you have returned to your normal self.

- You are happy to drive yourself home.
- At least 30 minutes have passed since you had the Entonox.

### **When can I take my usual Medicines/ Tablets?**

You may take your usual medicines later today and as normal tomorrow.

## **Special Instructions**

### **When I am home how will I feel?**

It is usual to feel a little bloated for a few hours as air has been put into your bowel, this will pass naturally.

You may pass a little blood when you next go to the toilet and this is likely to happen if you have had biopsies or polyps removed. It may take a few days for the bowels to work normally again.

### **What if I feel unwell at home?**

If you have severe abdominal pain, pass large amounts of blood, have a temperature or have chest pain you must telephone for help and advice.

### **Who do I telephone for advice?**

Telephone the Specialist Screening Practitioners on:  
01902 695193 Monday to Friday 8.30am – 4.30pm

If you have any worries please contact either your GP/ NHS Direct. If you have any pain or bleeding or general feeling of being unwell, please go to the Emergency Department with any documentation that you have been given.

# This leaflet can be made available in large print, audio version and in other languages, please call 0800 0730510

ਜੇਕਰ ਇਹ ਲੀਫਲੈੱਟ (ਛੋਟਾ ਇਸਤਿਹਾਰ) ਤੁਸੀਂ ਆਪਣੀ ਭਾਸ਼ਾ (ਪੰਜਾਬੀ) ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰ ਕੇ ਪੇਸ਼ਟ ਇੰਫਰਮੇਸ਼ਨ ਕੋ-ਆਰਡੀਨੇਟਰ ਨਾਲ **0800 0730510** ਟੈਲੀਫੋਨ ਨੰਬਰ ਤੇ ਸੰਪਰਕ ਕਰੋ।

यदि आपको यह दस्तावेज़ अपनी भाषा में चाहिए तो पेशन्ट इनफरमेशन को-आरडीनेटर को टैलीफ़ोन नम्बर **0800 0730510** पर फ़ोन करें।

જો તમને આ પત્રિકા તમારી પોતાની ભાષા (ગુજરાતી)માં જોઈતી હોય, તો કૃપા કરીને પેશન્ટ ઇન્ફોર્મેશન કો-ઓર્ડિનેટરનો **0800 0730510** પર સંપર્ક કરો.

आपनि यदि এই প্রচারপত্রটি আপনার নিজের ভাষায় পোতে চান, তাহলে দয়া করে পেশেন্ট ইনফরমেশন কো-অর্ডিনেটরের সাথে **0800 0730510** এই নম্বরে যোগাযোগ করুন।

إذا كنت ترغب هذه الوريقة مترجمة بلغتك الاصلية ( اللغة العربية ) , فرجاء ا اتصل بمنسق المعلومات للمريض

**0800 0730510** على التلفون Information Co-ordinator

حیہ ضرورت اس لیلیفٹ کو اپنی زبان (اردو) میں حاصل کرنے کے لیے براہ مہربانی ٹیلیفون نمبر **0800 0730510** پر ویفٹ انفارمیشن کو-آرڈینےٹر (مریضوں کے لئے معلومات کی فراہمی کے سلسلے میں) کے ساتھ رابطہ کریں۔

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