

This leaflet can be made available in large print, audio version and in other languages, please call 0800 0730510

ਜੇਕਰ ਇਹ ਲੀਫਲੈੱਟ (ਛੋਟਾ ਇਸ਼ਤਿਹਾਰ) ਤੁਸੀਂ ਆਪਣੀ ਭਾਸ਼ਾ (ਪੰਜਾਬੀ) ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰ ਕੇ ਪੇਸ਼ਟ ਇੰਨਫਰਮੇਸ਼ਨ ਕੋ-ਆਰਡੀਨੇਟਰ ਨਾਲ 0800 0730510 ਟੈਲੀਫੋਨ ਨੰਬਰ ਤੇ ਸੰਪਰਕ ਕਰੋ।

यदि आपको यह दस्तावेज़ अपनी भाषा में चाहिए तो पेशन्ट इनफरमेशन को-आरडीनेटर को टैलीफ़ोन नम्बर 0800 0730510 पर फ़ोन करें।

જો તમને આ પત્રિકા તમારી પોતાની ભાષા (ગુજરાતી)માં જોઈતી હોય, તો કૃપા કરીને પેશન્ટ ઈન્ફોર્મેશન કો-ઓર્ડિનેટરનો 0800 0730510 પર સંપર્ક કરો.

আপনি যদি এই প্রচারপত্রটি আপনার নিজের ভাষায় পেতে চান, তাহলে দয়া করে পেশেন্ট ইনফরমেশন কো-অর্ডিনেটরের সাথে 0800 0730510 এই নম্বরে যোগাযোগ করুন।

إذا كنت ترغب هذه الورقة مترجمة بلغتك الاصلية ( اللغة العربية ) , فرجاء ا اتصل بمنسق المعلومات للمريض  
0800 0730510 على التلغون Information Co-ordinator

حسب ضرورت امليفت کوپٹی زبان ( اردو ) میں حاصل کرنے کے لئے ریلوہرانی ٹیلیفون نمبر 0800 0730510 پر وھٹ افریشین اور ایفیر ( عربیوں کے لئے معلومات کی فراہمی کے سلسلے میں ) کے ساتھ رابطہ کر کریں۔

## Donor Sites - Following Take of Skin Graft Plastic Surgery Patient Information Leaflet

We wish you a full and speedy recovery from your procedure and hope you find the following advice helpful. It is important that the dressing is kept dry at all times. This dressing should not be removed.

## Please Note:

It is normal for the dressing to smell, however if the dressing begins to look greenish in colour, if there is increasing pain, bleeding, wetness, spreading redness, or burning sensation please contact the ward.

## Bathing

You will be told when you can have a bath and soak the dressing off. Do not do this before you have been told to do so by a nurse or doctor.

Initially, when healed, the donor site will appear quite red or purple. This will normally fade with time to leave a less noticeable scar. Once the area has completely healed you can wash as normal, gently patting the area dry. The regenerated skin does not have the normal amount of

glands to moisturise it, therefore it may be prone to cracking. It is therefore advisable to moisturise regularly, as and when it becomes dry. The nursing staff will advise you as to which type of moisturiser is recommended.

You should always protect the healed area from direct sunlight by using a sun block or clothing; this is because the area is very sensitive to the sun.

## Further information

You will be sent an out patient appointment for follow up through the post. However, if you are being booked into a Nurse Led Clinic for dressing changes the Ward Clerk from the ward will ring you with this date and time. If you can't keep your outpatient appointments, please contact us as soon as possible to make alternative arrangements.

Please contact ward B4 at Russells Hall Hospital if you have any problems or questions on 01384 244126.