

Date: 02/01/2014

FREEDOM OF INFORMATION ACT 2000 - Ref: FOI/011703

How many dermatology departments does your organisation have –

Please see link below:

<http://www.dgh.nhs.uk/services/hospital/D/dermatology-38/>

For each dermatology department in your jurisdiction please could you answer the following questions.

Regarding post-operative instructions for patients undergoing skin surgery in your dermatology department:

1. Do you have any postoperative patient information leaflets? If yes, how many?
2. If you answered yes to the above, please would you send all the current postoperative leaflets by e-mail

Please see copy of postoperative leaflet below

Aftercare following a skin biopsy or cautery procedure Dermatology Patient Information Leaflet

Please read this leaflet carefully as this will help you to take care of your wound(s).

What pain will I have after the procedure?

The local anaesthetic will wear off about one to two hours after the procedure. If you experience any pain please take any over-the-counter painkillers to help with this (avoiding aspirin, unless prescribed as a regular medication by your GP). Please follow the instructions on the packet and consult the pharmacist if you have any queries or allergies.

How should I look after my wound area?

Please leave any dressing applied on your wound(s) for.....days. If you have had steri-strips applied under your dressing these may be left on until the stitches are removed. Keep the wound area dry fordays. If you have no stitches in place then the wound should form a scab slowly and drop off in a week or two. Please do not pick at the scab and allow it to settle naturally.

Can I do my regular exercises?

Try to avoid any undue exercise and exertion, which may cause your wound to stretch, until the stitches are removed.

Will I have any bruising?

This may occur, especially if the area is close to the eyes.

What do I do if there is any bleeding?

It is unlikely that your wound(s) will bleed. But if this happens, just press firmly, constantly, over the dressing with a clean cloth for up to five to ten minutes. If it still doesn't settle, which is rare, please see your local Emergency Department. 3

How will I know if my wound is infected?

If you notice any changes to your wound after the first two days, for example: increasing redness/pain or discharge of pus this may be a sign of infection, please see your GP or practice nurse.

When do I have my stitches removed?

It is important that you contact your GP surgery to organise an appointment with the Practice Nurse to carry out this procedure. Some wounds may be cauterised and there will be no stitches.

No stitches placed

Number of stitches..... To be removed in..... days.

Will my scar be permanent?

All scars are permanent but most will fade partly with time. In the early stages of the scar process the area will appear red and this should settle with time. If you have some internal sutures then this will dissolve with time, sometimes up to six months.

If you have any questions or if there is anything you do not understand about this leaflet please contact:

Dermatology Dept

Corbett Hospital

01384 244799

This leaflet can be made available in large print, audio version and in other languages, please call 0800 0730510

ਜੇਕਰ ਇਹ ਲੀਫਲੈੱਟ (ਛੋਟਾ ਇਸਤਿਹਾਰ) ਤੁਸੀਂ ਆਪਣੀ ਭਾਸ਼ਾ (ਪੰਜਾਬੀ) ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰ ਕੇ ਪੇਸ਼ਟ ਇੰਫਰਮੇਸ਼ਨ ਕੋ-ਆਰਡੀਨੇਟਰ ਨਾਲ **0800 0730510** ਟੈਲੀਫੋਨ ਨੰਬਰ 'ਤੇ ਸੰਪਰਕ ਕਰੋ।

यदि आपको यह दस्तावेज़ अपनी भाषा में चाहिये तो पेशेंट इनफ़रमेशन को-आरडीनेटर को टैलीफ़ोन नम्बर **0800 0730510** पर फ़ोन करें।

જો તમને આ પત્રિકા તમારી પોતાની ભાષા (ગુજરાતી)માં જોઈતી હોય, તો કૃપા કરીને પેશન્ટ ઈન્ફોર્મેશન કો-ઓર્ડિનેટરનો **0800 0730510** પર સંપર્ક કરો.

আপনি যদি এই প্রচারপত্রটি আপনার নিজের ভাষায় পেতে চান, তাহলে দয়া করে পেশেন্ট ইনফরমেশন কো-অর্ডিনেটরের সাথে **0800 0730510** এই নম্বরে যোগাযোগ করুন।

أذا كنت ترغب هذه الوريقة مترجمة بلغتك الاصلية (اللغة العربية) , فرجاءا أتصل بمنسق المعلومات للمريض

Information Co-ordinator على التلغون **0800 0730510**

حسب ضرورت اس ایف ایٹ کو اپنی زبان (اُردو) میں حاصل کرنے کے لئے روبرو مہربانی ٹیلیفون نمبر **0800 0730510** پر پوچھت انفرمیشن کو-اوریڈینٹر (مریضوں کے لئے معلومات کی فراہمی کے سلسلے میں انسر) کے ساتھ رابطہ قائم کریں۔