

Diabetes and endocrine outpatient clinic

Diabetes and Endocrinology Patient Information Leaflet

Your GP has referred you to see one of the consultant endocrinologists in the diabetes and endocrine outpatient clinic. You should receive details of how to book a date and time for this appointment through the outpatient booking team.

What happens before the appointment?

It is often helpful to have some tests performed before the first time you are seen in the clinic so that we can have a more complete picture of your condition.

Blood test

If you need to have a blood test (pre-clinic test), you will receive a form for this with your first appointment letter.

Please have the blood test about **two weeks before** your appointment in order for the results to be available when you come to the clinic. You can have the test at either of the following outpatient blood test departments and do not need to make an appointment first:

Russells Hall Hospital:

Monday	8am to 7.30pm
Tuesday	5pm to 7.30pm
Wednesday	8am to 7.30pm
Thursday	12noon to 7.30pm
Friday	12noon to 7.30pm
Saturday	8am to 10am

Corbett Hospital: Monday to Friday, 8am to 6pm.

If the blood test is labelled **fasting**, you should have nothing to eat or drink except water from 11pm the night before the test, and should attend the outpatient blood department no later than 9am.

Urine test

If you need to have a urine test, you will receive a form for this with your appointment letter. When you go for your blood test, please ask them for a bottle to put the urine sample in. On the day of your clinic visit, you will need to collect urine from the **first urine** you pass that day.

Transport

If you need ambulance transport, please contact your GP surgery to arrange this.

What do I need to bring to my clinic appointment?

Please bring either an up-to-date list of your medication or the medication itself and the urine sample, if you have been asked for one, collected from the first urine you pass that morning.

While we do try and keep clinics running to time, delays can be unavoidable and you may have to see more than one person in the clinic. Please come prepared for a wait and bring a snack (especially if you have diabetes).

How will I find out the results of the tests?

In most cases, these can be given to you in clinic but if not we will write to you and your GP with the results.

Further information

If you are unable to keep your appointment, or have any queries about it, please contact:

**Outpatient Booking Team 01384 365100
(8am to 6pm, Monday to Friday)**

Can I find out more?

Diabetes UK

Tel: 0345 123 2399

Website: www.diabetes.org.uk

If you have any questions, or if there is anything you do not understand about this leaflet, please contact:

Diabetes Team on 01384 244399 (9am to 5pm, Monday to Friday)

You can download or print this leaflet from:

<http://dudleygroup.nhs.uk/services-and-wards/diabetes-and-endocrinology/>

This leaflet can be made available in large print, audio version and in other languages, please call 0800 0730510

ਜੇਕਰ ਇਹ ਲੀਫਲੈਟ (ਛੋਟਾ ਇਸ਼ਤਿਹਾਰ) ਤੁਸੀਂ ਆਪਣੀ ਭਾਸ਼ਾ (ਪੰਜਾਬੀ) ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰ ਕੇ ਪੇਸ਼ਟ ਇੰਨਫਰਮੇਸ਼ਨ ਕੋ-ਆਰਡੀਨੇਟਰ ਨਾਲ **0800 0730510** ਟੈਲੀਫੋਨ ਨੰਬਰ ਤੇ ਸੰਪਰਕ ਕਰੋ।

यदि आपको यह दस्तावेज़ अपनी भाषा में चाहिये तो पेशन्ट इनफरमेशन को-आरडीनेटर को टेलीफोन नम्बर **0800 0730510** पर फोन करें।

ਜੇ ਤੁਸੀਂ ਆਪਣੀ ਆਪਣੀ ਭਾਸ਼ਾ (ਪੰਜਾਬੀ) ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕ੍ਰਿਪਾ ਕਰਕੇ ਪੇਸ਼ਟ ਇੰਨਫਰਮੇਸ਼ਨ ਕੋ-ਆਰਡੀਨੇਟਰ ਨਾਲ **0800 0730510** 'ਤੇ ਸੰਪਰਕ ਕਰੋ।

আপনি যদি এই প্রচারপত্রটি আপনার নিজের ভাষায় পেতে চান, তাহলে দয়া করে পেশেন্ট ইনফরমেশন কো-অর্ডিনেটরের সাথে **0800 0730510** এই নম্বরে যোগাযোগ করুন।

إذا كنت ترغب هذه الورقة مترجمة بلغتك الأصلية (اللغة العربية) , فرجاءا اتصل بمنسق المعلومات للمريض
0800 0730510 على التلفون **Information Co-ordinator**

حیث ضرورت اسلطف ایٹ کوئی زبان (اردو) میں حاصل کرنے کے لئے برہم پورہائی ٹیلیفون نمبر **0800 0730510** پر وقت انٹرنیشنل اورڈینٹر (مریضوں کے لئے معلومات کی فراہمی کے سلسلے میں) کے ساتھ رابطہ قائم کریں۔