

Advice for Patients following Minor Eye Surgery

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Your eye / eyelid may feel painful for a few days. You should take your normal painkillers if required. Avoid products containing aspirin. If your Doctor has prescribed Ibuprofen in the past you may take this.

If you experience bruising around the eye, this should fade gradually over the next weeks.

If you have an eye pad this may be gently removed tomorrow. Your eye pad may be slightly blood stained: this is nothing to worry about.

You may clean your eye in the morning with cool boiled water and a small piece of cotton wool or lint. Close your eye gently and wipe from inner corner to outer corner of the eye, using a fresh piece each time and for each eye.

Continue to use your eye drops or ointment at home as prescribed. If for any reason you are concerned about your eye, please do not hesitate to contact a nurse in charge on the numbers below,

Monday – Friday 9.00am - 5.00pm

- Russells Hall (Eye Clinic) – (01384) 456111 ext 3633
- Russells Hall (appointments) - (01384) 456111 ext 3625

In case of emergency / after closing hours of the Eye Clinic (including weekends) please contact the Ophthalmic Doctor on call via the switchboard at Birmingham Eye Centre – 0121 554 3801
The Doctor on call is usually based at the Eye Centre, City Hospital, Dudley Road, Birmingham. They may need to call you back and if necessary will arrange for you to visit them.

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