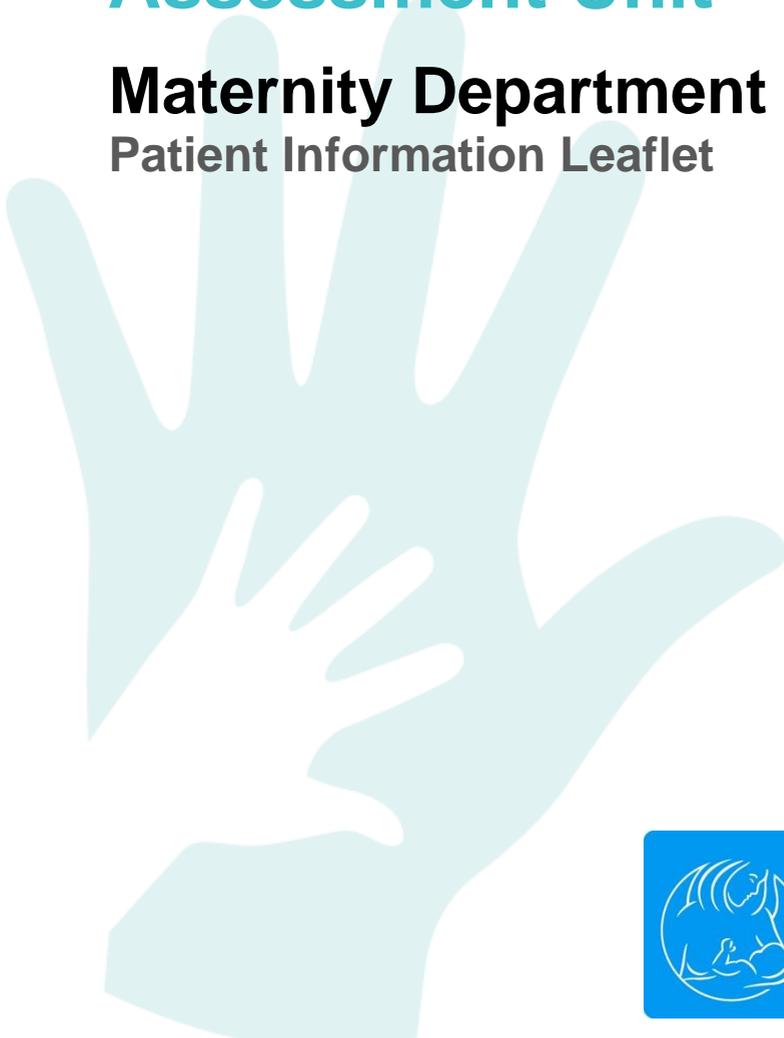


Pregnancy Day Assessment Unit

Maternity Department Patient Information Leaflet



Introduction

This leaflet is about our Pregnancy Day Assessment Unit (PDAU). It gives information on the role of the unit, why you may need to visit the PDAU and what happens if you have an appointment there.

Women can be referred to the Pregnancy Day Assessment Unit by their community midwife, GP, antenatal clinic or scan department. You can also contact us yourself on:

01384 244586

Our opening hours are:

Monday to Friday, 8am to 7pm – we see our last patients at about 6pm

Saturday, 10am to 2pm – we see our last patients at about 1pm

Why may I need to go to the PDAU?

In the PDAU we care for women who are at least 20 weeks into their pregnancy. The reasons for attendance are varied but can include:

- Raised blood pressure of woman
- A reduction in your baby's movements
- Concerns about your baby's growth

Who will I see in PDAU?

The PDAU is staffed by two senior experienced midwives. They will carry out your assessment and tests. They can refer you to an obstetrician or any other services that you may require.

The midwives wear cobalt blue uniforms.

Other staff working within the department include maternity support workers, student midwives and administration staff. Doctors are on call within the department as required.

The scan department and antenatal clinic are nearby.

What if I am concerned about my baby's movements?

If you have any concerns about your baby's movements, for example, you think they are moving less, you can call the PDAU for advice. If you are 28 weeks pregnant or more, we may suggest that you come in for electronic monitoring of your baby's heartbeat.

If you are less than 28 weeks pregnant and concerned about your baby's movements, please contact your GP or community midwife in the first instance. However, if you want, you can contact the PDAU for advice and we can assess you, or refer you to the appropriate healthcare professional as needed.

It is not normal for babies' movements to slow down as the pregnancy progresses. If your baby's movements are changed or reduced, please get in touch with us on the telephone number below:

01384 244586

(8am to 7pm, Monday to Friday, and 10am to 2pm Saturdays)

What happens if I have a PDAU appointment?

If we ask you to come in for an appointment at the PDAU, we will carry out some checks on you and your baby. These may include:

- electronic foetal monitoring – this is to monitor your baby's heartbeat
- monitoring your blood pressure

We will also investigate any other problems you have had during pregnancy. We may need to assess you regularly or as a one off appointment.

We aim to see patients who are booked in at their appointment times, but please be patient when we are busy or there is an unexpected emergency.

Your time spent in the unit is usually around one hour. This will vary depending on your needs. Care given is tailored to you and your baby's needs.

What should I bring to the appointment?

We encourage you to bring someone along with you for support, but we do ask that only one person accompanies you. We do not have childcare facilities in the PDAU and where possible we would ask that you make childcare arrangements for your children.

There is drinking water available within the department and toilet facilities. The hospital restaurant is located by the main entrance of the hospital for further refreshment, if required.

What happens after my visit?

After you have been seen and providing all is well, you can go home. We may give you another appointment to attend the PDAU. In some cases, we may arrange an antenatal clinic or scan appointment for you. Alternatively, we may refer you back to the care of your community midwife or GP.

If we need to assess you further or you need any treatment, we may need to admit you to the maternity ward. This will be discussed with you at the time.

After you have gone home, if you have any signs of labour, pain or bleeding, or you think your waters have broken, contact Maternity Triage team on 01384 456111 ext. 3053.

If you have any questions, or if there is anything you do not understand about this leaflet, please contact:

Pregnancy Day Assessment Unit on 01384 244586 (8am to 7pm, Monday to Friday, and 10am to 2pm Saturdays)

At any other time, contact:

Maternity Triage team on 01384 45611 ext. 3053

Russells Hall Hospital switchboard number: 01384 456111

This leaflet can be downloaded or printed from:

<http://dudleygroup.nhs.uk/services-and-wards/maternity/>

If you have any feedback on this patient information leaflet, please email patient.information@dgh.nhs.uk

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

للحصول على هذه النشرة بحجم أكبر، وعلى شكل إصدار صوتي و بلغات أخرى، الرجاء الاتصال بالرقم 08000730510.

此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta broșura poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru vă rugăm să sunați la 0800 073 0510.

یہ کتابچہ آپ کو بڑے حروف کی لکھائی، سمعی صورت اور دیگر زبانوں میں مہیا کیا جا سکتا ہے برائے مہربانی فون نمبر 08000730510 پر رابطہ کریں۔